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## LAKE CHAMPLAIN WALDORF SCHOOL

OUR VOICE | January 24, 2014

email newsletter items to: [newsletter@lakechamplainwaldorfschool.org](mailto:newsletter@lakechamplainwaldorfschool.org)



### Ninth Grade Winter Camping Trip

The ninth grade returned last week from a winter camping trip to the Green Mountains that brought record low and high temperatures, and a sudden evacuation based on weather emergency. By all accounts it was an incredible trip!

The expedition was led by Kroka, a wilderness organization with Waldorf roots. After a night at Kroka base camp, the ninth grade, their teachers, and guides drove to the Green Mountains and hiked across a frozen reservoir. They went 3 ½ miles that day, walking across ice in high wind, at 10 degrees below zero, carrying backpacks and pulling heavy sleds packed with their tents and a wood stove. The exercise, special winter expedition boots, and layers of wool kept the students warm.



To prepare for the trip, students had knitted wool mittens in handwork, which they wore covered by nylon liners they'd sewed. Whenever the mittens got wet they switched them out for new ones, and put the liner back on. Each night wet mittens dried in the tent by the wood stove.

Every day when students made camp they had a "Big Job" to prepare the site for the night. The Water Manager was in charge of collecting and purifying water, and making sure everyone drank enough to stay hydrated (easy to forget in the cold weather). The Food Manager portioned out food to be

carried in backpacks, organized a snowshoe trip back to the supply van several miles away, and coordinated the cooking for all meals. Other jobs included Tent Manager, Toilet Manager (who dug and built a shelter around the outdoor toilet, and filled it in afterwards), and Fire Manager.

Spirits were high and students were amazed that they never felt the cold! Then suddenly temperatures jumped, and it began to rain. And rain. Since the group was camping near a wetland, the site was flooded, and at 5 p.m. on Friday, Kroka director and founder Misha Golfman made the decision **to evacuate**.

In just 45 minutes of hard, coordinated teamwork the group had broken camp, packing up the wet and heavy tent, and was heading the several miles back to the supply van. The stream that had been running beside the trail when they hiked in was now over the trail, and students waded through knee-deep water and ice, pulling the sleds and helping each other. **The entire trip back, 2 ½ hours of hard, wet hiking in the dark, students sang together and recited monologues and poetry from their classes**

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Everyone agreed evacuation was the highlight of the trip. Here's a sampling of comments from a closing circle with Misha and their teachers:

*"The evacuation was when we worked best. Everyone was offering to take more stuff from each other."*

*"I wouldn't have guessed I could have done it."*

*"The whole point is having to be prepared for whatever the universe throws your way."*

*"We got to experience things in their raw beauty."*

*"Trudging through slush made me realize I can do a lot more than I give myself credit for."*

*"It's not an adventure if you know how it ends."*



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## Freckles the Pig visits the Kindergarten



The sub-zero weather cannot prohibit the farm day experiences from being brought to us! With great kindness on the part of the New Village staff we had a wonderful, warm and cozy farm day at school. Freckles, a nine day old piglet we met on the farm last week, was invited to our class. Freckles is the one lone piglet who is being cared for in the kitchen of Grandma Jane so that he can get the nourishment needed in order to return to his kin. We quietly observed him, sniffed him, and listened as he sniffed back! He enjoyed our tender care, but did not like being picked up. Freckles won't be

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sure we might have been a hawk coming to prey on him. All our loving finally put him to sleep. I imagine that our lullaby made him feel quite at home in our presence. He stayed for a long time until Farmer Michaela came to take him to church! That's right, Granny had to volunteer at church and it coincidentally was time for his bottle feeding. Bet you never heard of a pig going to church before!

Farmer Jeff and Farmer Sophie remained a while longer with us as we explored and teased and hand spun between our palms some lanolin filled dark chocolate colored sheep fleece. Some of the children made long threads, others caterpillars or earthworm shapes. We were gifted with a lovely pile of sheep's fleece that I plan to clean, wash, tease and felt with the children. We hope next week we can begin the work of felting on our very own fingers as we sculpt some little mice with the fleece!

Blessings on the farmers who grow our good food! We sent them home with some hot tea we steeped just for them. JoAnne Dennee

SAVE THE DATE: Wednesday, January 29!

## 4th Grade Farm-to-Feast Bake Sale for NVF Next Wednesday

On Wednesday, January 29, at the grade school, the 4th grade will be selling yummy Farm-to-Feast foods to benefit the construction of the barn at New Village Farm. We watched the barn being built as 3rd graders, and we even blessed it at 12:12PM on 12/12/12! We love the New Village Farm, and we want to help make it possible for the them to complete the barn, so the animals have a safe and warm place to live. We will be selling treats in the Foyer after school, and at the Shelburne Supermarket, and we hope you will stop by! Donations are welcome, too! Thank YOU! The 4th Grade

## LCWS Alumni Update

### An Interview with Ariel Burgess

**When were you at LCWS, and what is one memory you have from your time here?**

'92-'01 (K-8th) I liked playing in the woods with my friends the best.

**What is the bravest thing you've done since you left?**

Believed, even when others said it was crazy or impossible.

**What are you doing now that you love?**



Alumnae Ariel Burgess

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Working on building an art career.

**What do you do to relax?**

Dance to live music and hike with my dog.

**Where do you live? What do you like about it?**

I am living in Western MA for now, mostly by accident, but I love the people.

**Who are the people (and animals) you live with?**

I live with my beautiful pup, who is almost 8, and a great roommate.

**What are you reading right now?**

I just started reading *Driven to Extinction* by Dr. Richard Pearson for my current project. I am also reading *The Fools Progress* by Edward Abbey.

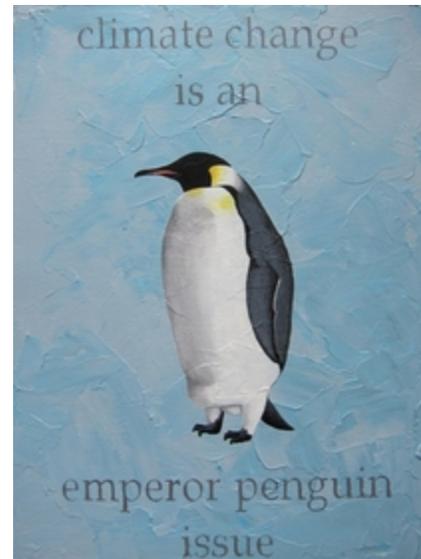
**Anything else you want to share?**

I am an environmental artist. Right now I'm working on a project exploring how climate change exacerbates biodiversity loss around the world. I'm interested in making science accessible to a wider audience and raising awareness about global extinction rates. The work is called *We Are All In This Together*.

**Learn more about Ariel's art, and donate toward her current project:**

Kickstarter Page: <http://www.kickstarter.com/projects/1112121841/we-are-all-in-this-together>

Website: <http://www.blackburgeart.com/>



*Climate Change is an Emperor Penguin Issue* by Ariel Burgess



*For James II* by Ariel Burgess

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LCWS CLASS OF 2014 PRESENTS

# Urinetown: The Musical

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**Where:** Main Street Landing Black Box Theater

**When:** Thursday, January 31st, 1 pm & 7 pm

Friday, February 1st, 2 pm & 7 pm.

*A musical satire of the legal system, capitalism, social irresponsibility, populism, bureaucracy, corporate mismanagement, municipal politics and musical theatre itself.*

**Composer and Lyricist:** Mark Hollmann

**Lyricist and Librettist:** Greg Kotis

Admission by donation. All proceeds support the Senior Class trip.

For adults and children age 12 and older

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## College Acceptances

Congratulations to **Marissa Guidry** on her acceptance to Wheaton College, Norton, MA and to **Mairéad Collins**, **Oliver Creech** and **Vincent Gauthier**, who have all been accepted to Centre College, Danville, KY. Both Wheaton and Centre are schools featured in the college guide *40 Colleges that Change Lives*.

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# | We're talking food, friends, and fun |



Coming in mid-February: a NEW WINTER EVENT...social gatherings auction.

AUCTION ITEM #3: Gluten-free waffle breakfast and trampoline jumping for every age.

WHO: Sa and Paul Budnitz

WHEN: May 11, 2014

#SEATS: 8

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## Interested in helping with the Spring Benefit?

### We are creating our 2014 Spring Benefit Team

*Come have scones and tea with Sharon Richards & Karen Nolin Govett, auction wizards extraordinaire, and talk about making the Spring Benefit the magical event it always is! We're hoping to have a Spring Benefit Team in place by February...*

A highlight of our year at LCWS is our Spring Benefit Gala at the Shelburne Farms Coach Barn. Over 300 people attend this event, which includes a massive classical concert along with an online, silent and live auction. As you might guess, a lot goes on behind the scenes leading up to the actual Benefit evening and, yes, we are looking for some enthusiastic team members to help in large and small ways! There are computer related opportunities as well as field work and organizational/follow up tasks.

If you can help in any way, please contact Sharon via [email](#) or phone: 985-2827x14

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## Bring families and friends to our Winter Open House on Saturday!

If you know anyone who is exploring independent schools, invite them to come meet faculty from our Parent & Child, Early Childhood, Grade School, and High School. There will be a presentation on Waldorf Education at 11am. High school students and faculty will give tours of the campus and be available to answer questions. RSVP to [Pam Graham](#) (802) 985-2827 ext. 12.

## Please tell your friends...

Waldorf parent and child classes offer a nurturing and playful way to connect with your own child and with other parents who care about the magic and wonder of childhood. Classes meet weekly for 10 weeks and include circle time with songs and movement, stories told with puppets, organic snacks, natural crafts and activities for parents. **Classes begin the week of February 28th** and early registration is offered through February 7th. To learn more and to register call Pam Graham: 802-985-2827x12.

## Tuition Adjustment

Reminder! If you have not received the Tuition Adjustment Committee email with the application instructions, please inquire at [financialaid@lakechamplainwaldorfschool.org](mailto:financialaid@lakechamplainwaldorfschool.org). **Application deadline is February 1.**

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## High School Coffee House, Friday January 17th

Images by Jonas Powell, Class of 2014



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### Overtime excitement as girls rocket ahead!

It was an exciting week for the girl's high school basketball team with two impressive wins against strong competitors that left spectators cheering. As the girls continue to play a great game of defense, they have won another game this season against Trinity Baptist School. It was a game of chance as both teams battled for the win. As the 4th quarter ended, the two teams were tied 30:30, causing them to go into overtime, a first for the LCWS girl's team. With 3 minutes added to the clock, the girl's teamwork and strong defense rocked as they managed to score 8 more points to win the game, 38:30. A great week for the Wildcats, two wins against great competitors! As the team shared in the excitement of their accomplishment, seniors Emily Nelson-Foster and Nancy Lewis had the realization that this game would be their last to be played against Trinity, a team that in past years had won every game...but not this year, the Wildcats were the successors every game against Trinity, making them 8:1 overall. A warming thought to realize how their team has grown as the end of this basketball season approaches and they leave the team for other endeavors.

Since Coach Walters arrival, the team has grown with great tenacity – gaining in skill, teamwork and having lots of fun....all adding to the great spirit that is present among the players. It's been an exciting season! If you haven't been to a game, it's a must see! Come and support both teams as they ready themselves for the Kimberton Tournament in

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cider, and other delectables made by Waldorf team parents – all proceeds benefit the Kimberton trip.

Stephanie Lewis, Our Voice Commentator for the Girl's Basketball Team

Come join us at our upcoming games, cheer for the teams, and have a great time...

**January 22nd**, Memorial Auditorium, Wildcats vs. Fair Haven Union HS

**February 5th**, Memorial Auditorium, Wildcats vs. Websterville Baptist Christian School



## Is there a doctor in the house? Wow!

*At the unhinging pace of this season, LCWS is soon going to need a team cardiologist ... for both the parents and the fans in the stands. It's been a breathtaking season. The twin tip-off with Trinity lived up to billing, with great play and excitement in both games, and we all went home exhausted.*

The boys' team has quite an established rivalry with Trinity, a disciplined and skilled team that has – until recently – gone home with wins against us. No more.

This was the rubber match for the three game series: they won the first game of the season, then we took game two. From the outset, the Wildcats established a perimeter shooting game by the Scanlons and wicked strong inside play by Vincent Gauthier and the other forwards. Once again, excellent ball handling and movement led to many points, and we jumped to an early lead. Trinity is never a team to give up, and they had a couple of nice runs and strong defense. But as we've seen time and again this year, the Wildcats are playing as a team, defending as a team, and winning as a team. The rebounding and ball control

proved too much for our opponents, and the 'Cats took home a fine 59:47 victory. The confidence and camaraderie of this crew is a joy to see. As I told the boys at home that night, "You'll savor this one for a long time." And so they shall.

Tom Powell, Our Voice reporter-at-large

## SAVE THE DATE: "FOOLZ" Wells & Woodhead

**perform to benefit LCWS: Sunday February 9, 3:00**

**Benefit Performance for LCWS.** Internationally renowned vaudevillians, Wells & Woodhead, will perform their one of a kind antics for family audiences at the Shelburne Town Hall on February 9, at 3:00 PM. Their new show, FOOLZ, is a character-driven amalgam of music, comedy and juggling that visually demonstrates the power of teamwork.

Blending classic vaudeville routines with cutting edge humor, FOOLZ offers up something for everyone. Wells & Woodhead's signature grand finale is a one of a kind frenzied, frenetic juggling consortium of chairs, guitars, bird ages, umbrellas and rubber chickens that leaves the audience with a sense that anything is possible.



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routines, joins local Charlotte entertainer Woody Keppel, who has entertained audiences around the world for over two decades with his whacky and endearing character, Woodhead.

Recent appearances include: the nationally televised Chinese Comedy Festival from Beijing, The HBO Comedy Festival in Las Vegas, Paris' "Le Plus Grande Cabaret Du Monde", (Europe's top-rated TV show), and The Tonight Show with Jay Leno.



Proceeds will benefit the Lake Champlain Waldorf School. Best suited for ages 3 – 103. Tickets at the door. Adults: \$10.00 Kids: \$5.00

## Faculty & Staff Wish List Now Online!

*Do you have any jump ropes or board games that you are not using?*

Or perhaps you are ready to pass along a wool rug, a floor lamp, or a fan? Check out the [wish list](#) page on the website and see all the items that would truly be appreciated by the faculty and staff.

Thanks for the many ways you support the school!

*Our condolences to Scott Nelson and Laura McGevna Nelson, and their son Wyatt Nelson, on the passing of Scott's mother Barbara Huff Nelson.*

## Community News

### Local Business Supports LCWS: Saturday, Jan 25

A BIG announcement is coming! Waldorf parent Dr. Heather is one of eight chiropractors, chosen from 60,000, to be part of a very special project aiming to double her impact on our community. Everyone is invited on January 25th from 5-6:30pm to G's Restaurant in the Sheraton Hotel for a party with live music, healthy food, and speakers. A "gift basket of health" valued at \$250 will be raffled. Every guest will be offered a one time new patient visit at a discounted rate of \$47, 100% of which which will be donated to the Lake Champlain Waldorf School. This is the opportunity of a lifetime with the power to transform our community. All are welcome and admission is free, but space is limited. Please go to [www.beliful.com/party](http://www.beliful.com/party) to RSVP



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## Classes

**Building Emotional Understanding** a 6-week parenting course where participants will learn how to reduce the stress of parenting, and gain new tools to deal with difficult situations and help create a warm and cooperative family life. Offered by LCWS parent Sa Budnitz, Occupational Therapist & Certified Hand in Hand Parenting Instructor. Monday evenings starting February 10th, 6:30pm-8:30pm at Yoga Roots, Shelburne Green Business Park, 802-985-0900, [www.yogarootsvt.com](http://www.yogarootsvt.com). Cost: \$95.

**Spring Joyful Creativity Retreats** We're offering two Joyful Creativity retreats. This is a great opportunity to get away to a warm beach and explore your creative impulses. If you don't have a specific project in mind, that's fine, we have options or just enjoy our offerings. To learn more, go to [Happiness Paradigm](http://HappinessParadigm.com). Susan Sassaman

**Painting Exhibit** Emily Bissell Laird, fine arts teacher at the high school, has an exhibit of Paintings at Yoga Roots in Shelburne thru January. Check the Yoga Roots website for their schedule and hours. Paintings, Prints and cards are for sale through Yoga Roots or through [DreamingStarStudio.com](http://DreamingStarStudio.com).

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## Classifieds

**New Music Available** John Creech 's New Music available on Sparkle Stories! You may know John from leading the High School Ukulele performances or from the grade school parking lot. He has a beautiful collection of acoustic guitar songs available to download from the Sparkle Stories website! [http://www.sparklestories.com/brand/sparkle\\_music](http://www.sparklestories.com/brand/sparkle_music), look for "Dreaming House".

**Older KitchenAid mixer for sale**, from the 70's. Incredibly sturdy and reliable, pale yellow, comes with a whisk and a paddle attachment. \$20. Hillary Maharam, 425-3363, [hmaharam@pillmaharam.com](mailto:hmaharam@pillmaharam.com)

**Childcare Offered.** I'm an LCWS grad and musician with availability through the early summer. I worked at the Turtle Lane camp over the summer. Can play games, read aloud using a variety of voices, and play guitar, and cook. Henry Jamison, [henrymjamison@gmail.com](mailto:henrymjamison@gmail.com), or 802-999-4730.

**Seeking someone with a van or truck** to transport a rabbit hutch that measures 4'x2'x4' from Williston to our home in South Burlington. We are willing to pay our helper \$20 (or tasty beverages and hugs) for time, effort, and gas. The total trip shouldn't take more than an hour. Amy Hoeltge, [ahoeltge@norwich.edu](mailto:ahoeltge@norwich.edu)

**Seeking long-term housing.** My partner and I continue our search for long-term housing. We're looking for a one bedroom apartment or other housing within a 25 minute drive from school. Ideal would be Shelburne, Hinesburg, or Charlotte. Please contact me with any leads.

Rebekah Hopkinson, First Grade Class Teacher, [rhopkinson@lakechamplainwaldorfschool.org](mailto:rhopkinson@lakechamplainwaldorfschool.org)

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## The Week Ahead and Beyond...

**TO SEE THE SCHOOL CALENDAR** [click here.](#)

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There are four, layered calendars (All School, College Guidance, Middle and High School Sports), which you can turn on or off. Click on the drop-down arrow next to the "Agenda" tab.

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