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## LAKE CHAMPLAIN WALDORF SCHOOL

OUR VOICE | January 31, 2014

email newsletter items to: [newsletter@lakechamplainwaldorfschool.org](mailto:newsletter@lakechamplainwaldorfschool.org)



### School and farm partnership: growing healthy, strong kids and a healthy strong community.

*Over the next few weeks we will be offering a glimpse of how the school and New Village Farm work together in the kindergarten through grade four classes:*

Our school's mission includes helping children build a living, loving connection to the land and animals around us. One way we do this is through a strong relationship with our neighboring biodynamic learning farm, New Village Farm. With education and the well-being of children at the core of its mission, New Village is a natural partner to the work of Waldorf education. Founder, farmer and LCWS parent, Michaela Ryan comments, "I feel strongly that beyond the food we grow at New Village Farm, we grow healthy strong kids and a healthy strong community. To me, the richness of the farm is in the experiences it provides. It is a profound and rich life." It's a life that many children at LCWS are able to share through their class work on the farm. This week, we highlight the kindergarten:

#### Kindergarten

JoAnne Dennee's kindergarten class has been working with New Village Farm for seven years—in fact, JoAnne, a nature educator with training in biodynamic farming, helped develop and pioneer the farm-school program.

The focus for these youngest farmers is to experience their work and relationships on the farm fully, and to be completely present in every task. No one minds if it takes a long time to complete a chore; the aim isn't to be fast, but to finish each task with love and care.

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Young children are very much in their senses, and the farm offers a sensory feast. At feeding time, kindergarteners might be asked to close their eyes and listen to the sounds of the animals eating; when the children are gathering eggs, there's always time to share the excitement of a fresh, warm discovery with a friend. The children work beside the farmer to gain a strong feeling of the farmer's devotion to the earth. Wonder, reverence, gratitude and a deep connection to life are the goals for the young child's time on the farm.



## Knitting & Crocheting in 2nd Grade

The second grade began this year with a choice between two projects: knitting either a lion or lamb. Both require the students to build on their first grade knitting skills, and to cast on and off in the middle of the project. The students making lions learned to braid and everyone learned to do the butterfly stitch for the collar or ears.

Once the lions and lambs were complete, the students learned to crochet, beginning with a cotton string water bottle holder and crocheting in the round. Their next project, a potholder,

requires students to crochet back and forth in rows and then around the outside, increasing at the corners to keep the piece flat.

**Why crochet in second grade?** Like knitting, crocheting helps children develop the fine motor skills required to write, and reinforces counting skills. Crocheting also develops visual discrimination as students pick up stitches, and a sense of the whole and the part. As they make each stitch, children also need to be aware of the shape and balance of the whole project. All of these skills translate to academic and other realms.



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Click on image to watch the video!

## 8th grade experiences American history through song

Each Thursday this month during main lesson the eight graders welcomed internationally acclaimed musician and beloved friend of LCWS Pete Sutherland to their class. Pete and the students explored 20th century American history by singing songs of World War I, the women's suffrage movement, the Great Depression, World War II and the Civil Rights movement. Click [here](#) or on the image above to listen to one of their songs.

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## College Acceptances Congratulations:

Oliver Creech has been accepted to Christopher Newport University, Newport News, VA

Willa Cowan-Essig has been accepted to Savannah College of Art and Design, Savannah, GA

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## District Music Festival Congratulations:

Bravo 7th and 8th graders performing at the Vermont District III Music Festival.

**Performance: Saturday, February 2nd, 2:00p.m., Burlington High School** (tickets required)

*Chorus members:* Liza Pill, Eliza Cadwell, Mike Casarico, Malachy Snow, Lily Espenshade, Oona Gourlay, Thabittha Moruthane

*Orchestra members:* Elliot Rice, Hannah Webster, Avery McLean, Alison Simonds, Addison White, Willem Hillier, Amelia Kerin, Lark Thompson

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## Grade School Curriculum Assembly:

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Parents and friends are warmly invited to enjoy a glimpse into the grade school curriculum.

**Wednesday, February 5th at 1:30, Community Room**

## SATURDAY: Tuition Adjustment Application Deadline

Applications must be submitted online at [sss.nais.org](http://sss.nais.org) no later than midnight this Saturday, Feb 1.

Our SSS school ID is 4447. *Terri Borden*

### High school students tromp through snow to collect over 1000 pounds of food

On Martin Luther King Jr. Day, Lake Champlain Waldorf High School welcomed guests from the Burlington-based organization, Service Rendered, which is dedicated to inspiring youth to reach their goals. **Emily and Sophia Nelson-Foster**, who are active in the local non-profit, invited several student members who have immigrated here from other countries to share their experiences. They were joined by LCWHS students **Vincent Gauthier, Gianna Kiehl, Christopher Krag, Ziziao Li and Anna Lorenz**, who each gave a brief background of their heritage. After a talk and rendering of Martin Luther King's "I Have a Dream" by Service Rendered Director Bruce Wilson, students broke into small groups to discuss issues of diversity. All of the students enjoyed a community lunch together and participated in the high school's annual food drive for Chittenden Emergency Food Shelf. They collected 1,065 pounds of food throughout Charlotte, Shelburne and South Burlington and finished off their day with hot cocoa.



From the **Charlotte Front Porch Forum**:

**THANKS, STUDENTS!**

I want to say thank you to the Waldorf School students who braved the weather on Martin Luther King Day and went door-to-door collecting food for the Chittenden Emergency Food Shelf. Can't think of a better way to serve the community and remind us that MLK day is not just a vacation. It's chance to be the change you'd like to see in the world. Many thanks.

From **Maureen Wheeler**, Parent

This was my fourth year as a driver for the high school MLK day food drive and just like every other year, I went home saying it is my favorite day of the year. It is an incredible opportunity to really see how connected these kids are to the issues that affect their community. Without fail it is always a cold blustery

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day and yet I have never heard a single complaint from any students - just raw enthusiasm. They are so eager to fill those bags and with as much food as possible. I just love listening to them eagerly sharing how people responded to them and seeing their excitement when someone is particularly generous. They are 100% invested in making a real difference and are constantly strategizing on how to make it even better next year. I'll still be volunteering for this event long after my kids graduate!

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### Beeswax from the third grade



*After the **third grade** heard the story of Noah, the children worked in pairs to create beeswax animals to populate a toy ark. Before beginning to sculpt, each pair had to discuss how the animal would be formed and its notable characteristics.*

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### What is Simplicity Parenting?

Free workshop on February 13th

# What dreams do you have for your kids? For yourself? For your family?

The Simplicity Parenting Series is not just another thing to add to your already demanding schedule! These workshops are a nourishing time to gather with other parents and explore

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how truly joyful a simplified life with children can be.

Anne Shapiro, a Waldorf teacher with 20 years of teaching experience and a mother of three grown children, shows us how to **slow down, deepen our relationship with our children, and create the family life we really want.**

Space is limited, so please let Pam know if you are able to attend.

*"So often I've begun something new--for myself or my family--forgot about it for a while, and then decided it was too late to come back to it. From this series I learned that's just part of the process! I love knowing that we keep coming back to our good intentions, and that I can model that for my children." LCWS mother of three*

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## Farm to Feast Bake Sale a Success! Second Sale Next Wednesday!

The fourth grade ran a bake sale on Wednesday after school, with tables lavishly spread with goodies in the front foyer and at Shelburne Supermarket. At both locations, large crowds were delighted by the yummy treats that the 4th graders had baked and were impressed by the children's commitment to donate all the money raised to the construction of the barn at New Village Farm. Patrons paid whatever they wished to donate.. A second sale will happen next Wednesday, February 5th, after the curriculum assembly!



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## LCWS CLASS OF 2014 PRESENTS Urinetown: The Musical

Where: Main Street Landing Black Box Theater

When: Friday, January 31st, 1 pm & 7 pm  
Saturday, February 1st, 2 pm & 7 pm.

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*A musical satire of the legal system, capitalism, social irresponsibility, populism, bureaucracy, corporate mismanagement, municipal politics and musical theatre itself.*

**Composer and Lyricist:** Mark Hollmann

**Lyricist and Librettist:** Greg Kotis

Admission by donation. All proceeds support the Senior Class trip.

For adults and children age 12 and older

## **Don't miss it, next Sunday! "FOOLZ" Wells & Woodhead perform to benefit LCWS: Sunday February 9, 3:00**

**Benefit Performance for LCWS.** Internationally renowned vaudevillians, Wells & Woodhead, will perform their one of a kind antics for family audiences at the Shelburne Town Hall on February 9, at 3:00 PM. Their new show, FOOLZ, is a character-driven amalgam of music, comedy and juggling that visually demonstrates the power of teamwork.

Blending classic vaudeville routines with cutting edge humor, FOOLZ offers up something for everyone. Wells & Woodhead's signature grand finale is a one of a kind frenzied, frenetic juggling consortium of chairs, guitars, bird ages, umbrellas and rubber chickens that leaves the audience with a sense that anything is possible.

Danish borne Henrik Bothe, with his electrifying plate and rope spinning routines, joins local Charlotte entertainer Woody Keppel, who has entertained audiences around the world for over two decades with his whacky and endearing character, Woodhead.



Recent appearances include: the nationally televised Chinese Comedy Festival from Beijing, The HBO Comedy Festival in Las Vegas, Paris' "Le Plus Grande Cabaret Du Monde", (Europe's top-rated TV show), and The Tonight Show with Jay Leno.



## **Maple Syrup Sale!**

We are pleased to offer the opportunity to stock your pantry as a fundraiser for the school. Lisa and Beckner Bryan are donating organic Vermont maple syrup from Windridge Farms. Store enough to keep you going for the year or buy a few bottles as gifts – friends and relatives will LOVE IT!

**Orders due by Friday, March 7<sup>th</sup>.**

A Medium grade A Dark and grade B

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Gallons - \$48 each

½ Gallons - \$32 each

½ Gallon glass jug - \$40 each NEW THIS YEAR! Think "refillable"

[Click HERE to order Maple Syrup](#)



## YOLO! Popcorn Sale

We are also delighted to offer another tasty treat as a fundraiser for the school. An assortment of delicious popcorn is now available from YOLO! Snacks, created by LCWS parent Steve Faust. The popcorn, sold by the box for \$18 per box, contains 24 individual bags of popcorn. **The LCWS community is getting a 25% discount from the recommended retail sale price**, AND YOLO Snacks will be donating 33% of the sales to the school. Steve will be at the grade school on Wednesday, February 5 during pick up giving out some free samples.

**Orders due by Friday, March 7th.**

Deliveries: week of March 10th.

Original Popcorn- A unique marriage of herbs, buttermilk, and sea salt

Cheese Popcorn- Sharp Vermont cheddar and aged Parmesan

Maple Popcorn- Vermont kettle corn, maple sugar kissed kernels

Barbeque Popcorn- Chipotle heat with sweet. Opposites attract.

[Click HERE to order Popcorn](#)

## Classifieds

**Need Help Transporting Bunny Hutch:** We're getting Molly a bunny for her birthday and she's coming with her own hutch measuring 4'x2'x4'. We need help transporting this hutch from Kathy Pintair's home in Williston to our home in South Burlington. Do you have a truck or van? Willing to pay \$20 for time, effort, and gas. Amy Hoeltge, (802) 485-3301

**For Sale:** Wooden Play Kitchen and Doll Changing Table, asking \$40 each. Contact [tangebarbour@gmail.com](mailto:tangebarbour@gmail.com).

**Arctic Sport Black Muck boots have been missing** since the beginning of the school year. The right boot has a rip on outer side mid-boot, that has been patched, and have the name Cooper Strong written on the inside. Julie (7th Grade parent), 865-9145.

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Back by popular demand...

## Upcoming Events At A Glance

January 31: Urinetown, 12 Grade Class play, Black Box Theater, Burlington 7:00pm  
February 1: Urinetown, 12 Grade Class play, Black Box Theater, Burlington 2:00pm and 7:00pm  
February 5: Curriculum Assembly, Turtle Lane Campus  
February 5: Farm-to-Feast Bake Sale, Grade School Lobby and Shelburne Supermarket, afterschool  
February 9: FOOLZ: Wells and Woodhead, family entertainment, Shelburne Town Hall, 3:00pm  
February 10: "A la Carte" auction begins (runs two weeks)  
February 13: What is Simplicity Parenting? workshop, Turtle Lane Campus, 7:00 FREE  
February 18: Healthy Fats with Doug Flack, Turtle Lane Campus, 7:00p.m.  
February 20: Simplicity Parenting Series: Soul Fever, Turtle Lane Campus, 7:00p.m  
February 28: New Parent Child Session begins, All Souls Interfaith Gathering  
March 6: Simplicity Parenting Series: Rhythm and Schedules, Turtle Lane Campus, 7:00p.m.  
March 10: Grains, Nuts, Beans and Seeds with Dough Flack, Turtle Lane Campus, 7p.m.  
March 13: Simplicity Parenting Series: Filtering Out the Adult World, Turtle Lane Campus, 7:00p.m.  
March 20: Simplicity Parenting Series: Simplicity Parenting to Go, Turtle Lane Campus, 7:00p.m

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### TO SEE THE SCHOOL CALENDAR [click here.](#)

There are four, layered calendars (All School, College Guidance, Middle and High School Sports), which you can turn on or off. Click on the drop-down arrow next to the "Agenda" tab.

[lakechamplainwaldorfschool.org](http://lakechamplainwaldorfschool.org)

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